



Curriculum Intent and Implementation



Physical Education Curriculum Intent:

Physical Education at Wilsthorpe has both evolved and been developed to deliver fundamental skills and opportunities for life. We have planned a curriculum which not only supports academic excellence but helps create outstanding young people.

Through high quality physical activity and sport, students will progress holistically, developing physical techniques, academic prowess and mental strength. They will also develop attributes including:

- the ability to embrace challenge, aspiring to self-improvement
- building their confidence and enjoyment of participation
- learning to understand and respect themselves and others
- aspiring to academic excellence, embracing knowledge and skills
- the development of character and the core traits of 'The Tree of Learning'.

Physical Education Curriculum Implementation:

Students study Physical Education (PE) through units of physical activity and sport, planned both to develop skills and ensure the physical and emotional progress of all students. We value students' physical ability in all PE lessons, ensuring they are challenged appropriately, in-order-to achieve the greatest success in their learning.

The high-quality PE curriculum at Wilsthorpe has been designed to inspire and motivate. Through their learning, students are supported to succeed in many kinds of physical activity, excelling in competitive sport and other physically-demanding activities.

The curriculum is progressive, ensuring learning is continuous and accessible for all students. It builds on skills, knowledge and understanding acquired at Key Stage 2 in a logical, challenging, yet accessible pathway throughout the Key Stages. Activities are diverse, including invasion games, striking and fielding, net and wall, gymnastics, dance, fitness, athletics and OAA, as well as a number of alternative sports. Leadership plays a huge role, with ample opportunity to develop these skills both within lessons and as part of our highly successful Leadership Academy.

Pedagogy is rooted in evidence and experience of how students best learn and retain knowledge. It is delivered by teachers who pride themselves in their appropriately scaffolded lessons and their deep understanding of techniques to assist with long-term memory. Students demonstrate knowledge through performance, participation and regular assessment.

Beyond the curriculum all students have opportunity to compete in sport and participate in activities that build character, as well as further develop physical skills. In accordance with this, the Curriculum Area offers a wide-ranging extra-curricular programme of sports and competition.

