

5
A DAY

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A DAY

- 1 OF YOUR 5 A DAY

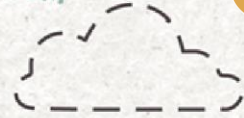
MEAT FREE

MEAT FREE

- MEAT FREE MONDAY



- CHEF'S CHOICE



BE A HIGH-FLYER.
A HEALTHY SCHOOL LUNCH
SUPPORTS YOUR LEARNING



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Macaroni Cheese	Chicken Tikka Curry	Roast of the Day	Mexican Chilli	Fish & Chips
Vegetarian Main Dish	Macaroni Cheese	Vegetable Tikka Curry	Roast Quorn Fillet	Vegan Mexican Chilli	Quorn Nuggets & Chips
Accompaniments	Side Salad Garlic Bread Seasonal Vegetables	Rice Seasonal Vegetables Naan Bread	Potatoes Seasonal Veg Gravy	Rice Seasonal Vegetables Pitta Bread	Garden Peas Baked Beans Side Salad
Street food & Budget Busters in the pod!	Love Joes Chicken Wrap, Panini Selection	Love Joes Chicken Wrap, Panini Selection	Love Joes Chicken Wrap, Panini Selection	Love Joes Chicken Wrap, Panini Selection	Love Joes Chicken Wrap, Panini Selection
Italian Daily Special	Tomato & Mascarpone Pasta King Pot. Jacket Potato Bar	TUGO Pizza Bar Jacket Potato Bar	Smoky Pepperoni Pasta King Pot	TUGO Pizza Bar Jacket Potato Bar	Italian Meatballs Pasta King Pot Jacket Potato Bar
Chilled Selection	Selection of Sandwiches & Salads	Selection of Sandwiches & Salads	Selection of Sandwiches & Salads	Selection of Sandwiches & Salads	Selection of Sandwiches & Salads
Dessert	Dessert of the day, selection of home bakes, dessert pots & fruit pots	Dessert of the day, selection of home bakes, dessert pots & fruit pots	Dessert of the day, selection of home bakes, dessert pots & fruit pots	Dessert of the day, selection of home bakes, dessert pots & fruit pots	Dessert of the day, selection of home bakes, dessert pots & fruit pots



MENU